



# SPECAL TRANSITIONAL CARE COACHING PATHWAY FOR FAMILY & FRIENDS

### TRANSITIONAL CARE STAGE FOUR

End of Life transitional care planning ongoing simplification of the SPECAL Care Profile to ensure sustained well-being until the end of life

#### TRANSITIONAL CARE STAGE THREE

Transition from one care setting to another creating an individualised SPECAL Care Profile in preparation for a possible
move and, when needed, navigating the conventional care system
using organisational links and SPECAL risk assessment

### TRANSITIONAL CARE STAGE TWO

Transitions from day to night and night to day - avoiding emotional jetlag Looking ahead to the development of an individualised SPECAL Care Profile

#### TRANSITIONAL CARE STAGE ONE

Transitions from moment to moment involving changes of companion, activity and environment building on tools and techniques associated with SPECAL's Three Golden Rules Looking ahead to the development of individualised care through BBQ + SPOT

## INTRODUCTION TO THE SPECAL PHOTOGRAPH ALBUM

Understanding the difference between normal memory, ageing and dementia and the importance of communication

A rationale for SPECAL sense and the Three Golden Rules

The springboard for developing a SPECAL Care Profile

A method of promoting well-being 24 hours a day, every day, for life